LEARNING - EDUCATION

Painting/Arts and Crafts

Music
Special Needs Arts Programs, Inc.
"Sharing gifts of spirit and song" - chorus and weekend art classes
http://snapsing.org/index.php

www.ssac.org
South Shore Art Center Art classes

Pottery
http://www.claydreams.com/

Clay Dreams is a ceramic arts studio located at 183 Massachusetts Ave Arlington, MA . 02474, 781-641-3000 Join us as we celebrate our tenth year! Hours & Location Walk-ins Always Welcome! Call ahead to reserve our Party Room! The talented staff at Clay Dreams bring more than 30 years of professional experience to you. Our certified teachers can teach you the secrets behind ceramic techniques. Classes meet every Thursday night at 6:30 p.m. The cost of each class is $5.00. Brushes and paints are available for purchase.

http://crafts.suite101.com/article.cfm/age_appropriate_crafts_for_disabled_adults

Age Appropriate Crafts For Disabled Adults-Adults with Disabilities Have Options for Hobby and Craft Ideas Apr 19, 2009 Carla Slavey Disabled adults can participate in versions of the crafts they enjoy without the stigma of being viewed as child-like. Too often, adults with mental disabilities are treated as perpetual children. Without thinking, caretakers give these adults craft supplies and projects that more appropriate for young children. There are crafts and hobbies that any adult can enjoy, and by giving disabled adults options, they can connect better with others who share the same pastimes. Some craft supplies for adults and professionals may seem more expensive than their child-appropriate counterparts,

but caretakers should view supplies in terms of quality, and better supplies can sometimes unleash a person's creativity.

Age Appropriate Crafts For Disabled Adults: Adults with Disabilities Have Options for Hobby and Craft Ideas
http://crafts.suite101.com/article.cfm/age_appropriate_crafts_for_disabled_adults#ixzz0gIAeFozx

www.newartcenter.org/exhibitions

This will bring you to a list of art centers you may visit for free with no admissions fee in the greater Boston area.

www.capecodcreativearts.org/exhibitions

Another web site with lots of art exhibits to explore with free admission in the South Shore area.

www.accessexpressed.net

I found a group of folks who make a guide called "Access Expressed Directory" which is published by VSA arts of Massachusetts. The directory gives readers concise, practical information they need in order to choose cultural and leisure time activities that interest and are accessible to them. It covers all of New England.

http://www.vsamass.org/artclasses.php

VSA arts of Massachusetts is here to assist artists with disabilities grow in their art. If there is a demand, we run classes at the VSAM office or partner with other organizations to host art workshops for teens and adults.
For Adults: Putting Creativity to Work (PCTW) is a multi-workshop series that offers a 'nuts and bolts' look at the strategies, training, education and skills necessary to jump start and maintain a career in the arts. This course is ideal for individuals with disabilities who are interested in exploring or advancing their professional careers in the arts. A free copy of Putting Creativity to Work, a publication of VSA arts and the Social Security Administration will be given to each participant.

http://www.family-friendly-fun.com/disabilities/index.htm

Craft therapy nurtures children and adults, offers an opportunity for self expression, develops fine motor skills and reduces stress.

Craft therapy offers a sense of accomplishment gained through mastery of a skill. The self-confidence and creative way of thinking that class participants develop carry over into other fields of endeavor outside the realm of "art," enabling them - at any age - to engage the world on a more meaningful level. Research is showing

the creative arts are good for our health and relationships. The creative arts, my crafts, keep my hands, heart, and mind ... part of the therapeutic rehabilitation of the disabled ... McMeekin, MSW, a career coach in Newton Centre, Massachusetts.

Scrap Booking Classes

Floral Arangement Classes

Candle Making Classes

Sewing Classes

Craft Classes (Michaels)

Quilting

Knitting

Crocheting

Craft Classes (Michaels)

Classes at Home Depot

Art Classes